



Amala
COLLEGE OF NURSING
ACCREDITED BY NAAC WITH A GRADE

AMALA COLLEGE OF NURSING

AQAR (2022-2023)



CRITERION 5 – STUDENT SUPPORT AND PROGRESSION

Key Indicator 5.3 – Student Participation and Activities

Metric No. 5.3.3 - Number of sports and cultural activities/ competitions organized by the Institution during the year

SUBMITTED TO



National Assessment and Accreditation Council



Amala COLLEGE OF NURSING

(An undertaking of Amala Cancer Hospital Society)

Amala Nagar, Thrissur – 680 555, Kerala

First Nursing College accredited by NAAC with A grade in the first cycle (RAF)

Affiliated to Kerala University of Health Sciences and recognized by Kerala Nurses and Midwives Council & Indian Nursing Council
(Certificate No. 18-16/2893-INC)

Date: 05.06.2023

DECLARATION BY PRINCIPAL

This is to certify that following number of students participated and got prizes in various institutional cultural and sports competition for the academic year 2022-2023.




Dr. Rajee Reghunath
Principal

Prof. Dr. RAJEE REGHUNATH
PRINCIPAL
AMALA COLLEGE OF NURSING
AMALA NAGAR P.O., THRISSUR-680 555

Institutional cultural Activities



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Institutional Cultural Competitions 2022-2023

Si.No	Date	Item	Name	Award
1.	24.4.2023	Reading day – quiz competition	2020 batch	First
			2019 batch	Second
2.	22.4.23	World earth day – Digital poster making competition	Abin Babu 2021	First
3.	12.05.2023	Quiz competition	2019 Batch	First
			2020 batch	Second
			2022 batch	Third
4.	21.12.2022	Christmas programs		
		Carol Song Competitions	2018 Batch	First
			2020 Batch	Second
5.	28.11.2022 - 29.11.2022 (College Arts Fest- Vaigri)	Solo Song (Light Music) 29.11.2023	Krishna Priya	First
			Siya Joy	Second
			Gladis Mariya A.C	Third
		Mono Act	Mariya Jaison	First
			Sandra Rose Sebastian	Second
			Alphonse Rose Mathew	Third
		Folk Dance -Single	Averine Mariya Jose	First
			Siya Joy	Second
			Mariya Jaison	Third
		Bharathanatyam	Hridhya	First
			Krishna Priya	Second
			Sneha Shaju	Third
		Fancy Dress	Jismy Paul	First
			Eldhose Reji	Second
			Shaniya Shaji	Third
		Personality Contest	Sandra Benny	First
			Maria K Darlin	Second
			Merin Shaju	Third
		Group Song	2018 Batch	First



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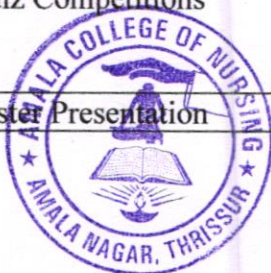
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			2019 Batch	Second
			2021 Batch	Third
		Nadanpattu	2021 Batch	First
			2020 Batch	Second
			2019 Batch	Third
		Mime Show	2018 Batch	First
			2020 Batch	Second
			2019 Batch	Third
		Group Dance	2018 Batch	First
			2019 Batch	Second
			2020 Batch	Third
		Elocution-English	Sisira Suresh O	First
			Diona Ann Joseph	Second
			Mahima Johncy	Third
		Elocution-Malayalam	Ayana Baby	First
			Alphonsa Sebastian	Second
			Diona Ann Joseph	Third
		Extempore-English	Sisira Suresh O	First
			Merin Shaju	Second
			Diona Ann Joseph	Third
		Mappilapattu	Mohamad Farseen	First
			Abin Baby	Second
		Debate	Mahima Jhonsy	First
		Mimicry	Sindrella Paul	First
			Shibly Rasfin K.M	Second
		Recitation -English	Ayana Baby	First
			Reshma Babu	Second
			Sona Mariya	Third
		Recitation-Malayalam	Krishna Priya	First
			Hridya Vinod	Second
			Shaniya Shaji	Third
		Skit	2018 Batch	First
			2019 Batch	Second
			2020 Batch	Third
		Health Play (Health Education)	2021 Batch	First
			2019 Batch	Second
			2020 Batch	Third
			2018 Batch	Third
6.	25/11/22	Versification-English	Sandra Benny	First
			Diona Ann Joseph	Second
			Merin Shaju	Third



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		Versification-Malayalam	Sr.Ritty Thomas	First
			Rosy Joseph	Second
			Sharon Shajan	Third
			Tinu James	Third
7.	23.11.22	Pencil Drawing	Anjana V.P	First
			Jimymol M Giji	Second
			Vishnupriya T.R	Third
			Mary Celin	Third
		Cartoon Drawing	Alwin M Thomas	First
			Jhoney K Johnson	Second
			Merlin James	Third
			Anna Joseph	Third
		Essay Writing-English	Jemy Joe	First
			Jimymol M Giji	Second
			Arun Mohan	Third
			Alina Mannanal	Third
		Essay Writing-Malayalam	Diona Ann Joseph	First
			Ayana Baby	Second
			Rosy Joseph	Third
			Mahima Johncy	Third
		Story Writing-English	Maria K Darlin	First
			Blessy Mariya Chacko	Second
			Hiba K.M	Third
			Rosy Joseph	First
			Tinu James	Second
			Shaniya Shaji	Third
			Ayana Baby	Third
8.	22.11.22	On The Spot Painting	Ancy K.A	First
			Vishnupriya T.R	Second
			Mary Celin	Third
			Alina Mariya Augusty	Third
		Floor Decoration (Rangoli)	Anna Joseph	First
			Vishnupriya T.R	Second
			Alina Mariya Augusty	Second
			Ancy K.A	Third
9.	17.11.22	Scientific Paper Presentation	2018 Batch	First
			2020 Batch	Second
			2019 Batch	Third
10.	15.11.2022	Quiz Competitions	2018 Batch	First
			2021 Batch	Second
			2019 Batch	Third
11.	14.11.2022	Poster Presentation	2018 Batch	First



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		(Dog Bite)	2021 Batch	Second
			2019 Batch	Third
12.	13.11.2022	Poster Presentation (History Of Nursing)	2018 Batch	First
13.	16.10.2022	Vegetable Salad Competition On World Food Day	Mr.Shabeer Ali	First
			Hridhya Vinod	Second
			Alvin M thomas	Third
14.	15.10.2022	Cartoon Competition	Alvin M Thomas	First
15.	8/10/22	Logo Design Competition	Abin Babu - 2021	First
16.	1/10/22	Selfie Contest On Elderly Day Celebration	Alphonsa Sebastian- 2020	First
17.	05.09.2022	Onam Competitions		
		Tug of war	2020 Batch	first
		uriyady	Eldhose m Regi	First
		Onapattu	2018 Batch	first
18.	5/6/22	Eco Snaps- Mobile Photography Contest On World Environmental Day	Abin Babu 2021	First
		Essay Writing Competition Environmental Day	Ayana Baby 2021	First
			Diona Ann Joseph 2018	second
			Binju Devassya 2019	third
19.	22/4/22	Digital Poster Making Presentation On World Earth Day	2020 Bsc Nursing Batch	First
20.	22/3/22	Poster Competition On Water Day	Anjana V.P	First
			Jimymol M Giji	Second
			Vishnupriya T.R	Third
			Mary Celin	Third



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Institutional Sports Activities



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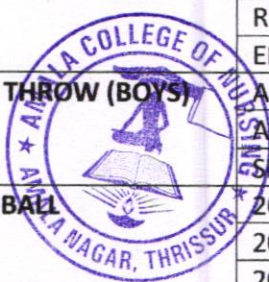
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UDHAY on 19.11.2022

SLNO	DATE	ITEM	NAME	AWARD
1	19.11.22	100 METER RACE (GIRLS) 19.11.2022	ANTREESA MP	1 ST
			NIMIYA ELIZBETH SABU	2 ND
			AKHILAMOL THOMAS	3 RD
2		100 METER RACE (BOYS)	SHARON THOMAS	1 ST
			ELDHOSE REJI	2 ND
			MUHAMED FARZEEN	3 RD
3		800 METER RACE (GIRLS)	SIGNA PAULSON	1 ST
			ANTREESA MP	2 ND
			TEENA JOHN	3 RD
4		800 METER RACE(BOYS)	ELDHOSE REJI	1 ST
			MUHAMED FARZEEN	2 ND
			SHARON THOMAS	3 RD
5		200 METER RACE (GIRLS)	ANTREESA MP	1 ST
			SINDRALA PAUL	2 ND
			ANGEL ROSE SHAJI	3 RD
6		200 METER RACE (BOYS)	MUHAMED FARZEEN	1 ST
			ELDHOSE REJI	2 ND
			AMAL BIJU & SHARON THOMAS	3 RD
7		100 x 4 RELAY	2020 BATCH	1 ST
			2019 BATCH	2 ND
			2020 BATCH	3 RD
8		DISCUS THROW (GIRLS)	SISIRA SURESH	1 ST
			NOVA ELIZBETH	2 ND
			ANGEL ROSE SHAJI	3 RD
9		DISCUS THROW (BOYS)	MUHAMED KASIM	1 ST
			ELDHOSE REJI	2 ND
			AMAL BIJU	3 RD
10		SHOTPUT (GIRLS)	ANNIE MARIA	1 ST
			NOVA ELIZBETH	2 ND
			ALEENA SUNNY	3 RD
11		SHOTPUT (BOYS)	ELDHOSE REJI	1 ST
			MUHAMED KASIM	2 ND
			SHARON THOMAS	3 RD
12		JAVELIN THROW (GIRLS)	JISMY PAUL	1 ST
			RESHMA BABU	2 ND
			EMIL	3 RD
13		JAVELIN THROW (BOYS)	AMAL BIJU	1 ST
			ABIN BABU	2 ND
			SHARON THOMAS	3 RD
14		THROW BALL	2018 BATCH	1 ST
			2020 BATCH	2 ND
			2021 BATCH	3 RD



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Badminton competition on 18.11.2022

1	18.11.2022	BADMINTON SINGLES (GIRLS)	MARIA K DARLIN	1 ST
			DELLA	2 ND
			TEENA JOHN	3 RD
2		BADMINTON SINGLES (BOYS)	MUHAMED KASIM	1 ST
			SHARON THOMAS	2 ND
			ELDHOSE REJI	3 RD
3		BADMINTON DOUBLES (GIRLS)	MARIA K DARLIN & NOVA ELIZEBETH	1 ST
			SURYA & ALPHONSA	2 ND
			BLESSYMOL & ANNIE MARIA	3 RD
4		BADMINTON DOUBLES (BOYS)	MUHAMED KASIM & SHABEER ALI	1 ST
			SHARON THOMAS & NIDHIN FRANCIS	2 ND
			AMAL BIJU & EBIN	3 RD



R. Rajee Reghunath

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Chess Tournaments on 20.07.2022

1	20.07.2022	CHESS (GIRLS)	ADITHYA V NAIR	1 ST
			NEETHU BENNY	2 ND
			ANNA JOSEPH	3 RD
2		CHESS (BOYS)	SHARON THOMAS	1 ST
			NIDHIN FRANCIS	2 ND
			MUHAMED KASIM	3 RD



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Carroms Competition on 17.11.2022

1	17.11.2022	CARROMS (GIRLS)	KALPA	1 ST
			ANJALI	2 ND
			SALOMI KJ	3 RD
2		CARROMS (BOYS)	AMAL BIJU	1 ST
			NIROSH	2 ND
			MUHAMED KASIM	3 RD




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